

STUDENT & FAMILY HANDBOOK COVID-19 SCHOOL SAFETY

2021-2022

[REVISED WITH UPDATED PUBLIC HEALTH GUIDANCE]



Roseland School District
1691 Burbank Avenue
Santa Rosa, CA 95407

OVERVIEW

The goal of Roseland School District is to ensure a safe return to full in-person instruction at its schools for all students and staff. This handbook was originally developed in partnership with the Sonoma County Office of Education (SCOE) and reviewed by the Sonoma County Department of Health Services (SCDHS) to support a healthier school environment during the on-going and still rapidly evolving COVID-19 pandemic. We are implementing enhanced health and safety practices and protocols based on guidance from the Sonoma County Office of Education (SCOE), Sonoma County Department of Health Services (SCDHS), California Department of Education (CDE), the California Department of Public Health (CDPH), and the Centers for Disease Control (CDC). School operational strategies during the COVID-19 pandemic have been updated. The following COVID-19 Safety Plan reflects the latest public health guidance for safe full in-person school operations.

Your partnership is of critical importance to help Roseland School District maintain a safe and healthy learning environment for all students and school staff.

TOGETHER, we can do this for brighter and happier school days with fewer disruptions!

COVID-19 School Safety Plan 2021-2022

Universal Masking at School

- ❖ Face masks are **required** to be worn by all students and staff while indoors **regardless of vaccination status** against COVID-19.
 - A *proper well-fitted face mask* is made of 2-3 ply fabric or a 2-3 ply medical mask (also called surgical or disposable mask) that covers only the nose, mouth, chin and surrounding areas of the lower face.
 - *Unacceptable, non-approved masks* include: Halloween or plastic masks, ski masks with holes for the nose or mouth, masks that have a one-way valve designed for easier breathing (the valves are often a raised plastic disk about the size of a quarter, on the front or side of the mask), gaiters and bandanas.
 - Face masks worn by students must be appropriate and meet district dress code requirements (*e.g.* no inappropriate images or symbols, no Halloween masks)



- ❖ If a student does not have a face mask or has lost theirs, one will be provided. Students who refuse to wear their face covering will be sent home.
- ❖ Face masks are optional while outdoors at school regardless of vaccination status.
- ❖ Face masks may be removed for meals and snacks.
- ❖ Face masks may be briefly lowered or lifted when drinking water while indoors, outside of the scheduled meal or snack time.
- ❖ When a face mask is temporarily removed, it should be placed in a paper bag provided by parents labeled with the student's name.
 - *Classroom teachers/designated instructional school staff may decide to set up their own system to ensure proper storing of face masks while the class is outdoors such as during recess, P.E. or lunch time.*

- ❖ **Medically exempt** students or staff will need to submit to the school a letter or note from their medical provider stating the reason for the exemption.
 - An alternative face covering such a **face shield** with a cloth drape at the bottom edge will be necessary while indoors at school.



Wellness Check at Home

CDPH guidance no longer requires schools to conduct wellness checks and temperature screenings for students upon arrival at school. Roseland School District trusts its school families to do the most responsible and loving actions as we work together in keeping schools safely open during this ongoing COVID-19 pandemic. A Wellness Check questionnaire will be sent out via ParentSquare. Please make sure you complete the Wellness Check daily with your child prior to coming to school. If you need assistance with connectivity to ParentSquare, please contact the school office.

Physical Distancing

- ❖ Distancing is no longer required for school settings with other mitigation strategies in place such as the use of a proper well-fitted face mask while indoors.
- ❖ It is encouraged to practice physical distancing as much as possible when unmasked during school meal times indoors.

Gatherings, Visitors, and Field Trips



Non-essential visitors to the school are still not allowed. Student assemblies, parent meetings, field trips, sports events, and other special events will be conducted with implementation of appropriate COVID-19 safety protocols.

Shared Objects

The latest CDPH school guidance for shared school items include:

- ❖ Limit sharing of supplies between students.
- ❖ School supplies such as crayons and markers should not be shared.
- ❖ School library books, balls, games, and other interactive classroom materials may be shared with a scheduled hand hygiene before and after use of such shared items.



Water Access

Students will need to **bring their own personal labeled water bottle from home that they do not share** with others. Properly label your child's water bottle.

Hand Hygiene

Frequent hand hygiene is one of the most important preventative practices to help slow the spread of COVID-19 and will be encouraged at school.

Hand hygiene stations will be accessible on campus. Scheduled hand hygiene will be encouraged throughout the day including before eating and before returning to the classroom after recess or other designated outdoor time.



Proper Hand Washing: Use of soap and water, rub hands together for 20 seconds before rinsing.

Proper Use of Hand Sanitizer: Apply the hand sanitizer to the palm of one hand (see product label to determine amount to use) and rub the sanitizer over all the surfaces of your hands and fingers until your hands are dry. This should take around 20 seconds. Hand sanitizers with at least 60% ethyl alcohol are effective against the COVID-19 virus and other infectious pathogens. Washing hands with soap and water is preferable if hands are visibly soiled or dirty.



Cough & Sneezing Etiquette

Please help us teach your child/children these important preventative measures to reduce the spread of COVID-19 and other illnesses.

- Cough and/or sneeze away from other people
 - Cough and/or sneeze into a tissue or into the crook of the elbow
 - Properly dispose dirty tissue right away, don't save it
 - Wash or sanitize hands
- Avoid touching the eyes, nose, and mouth with unclean hands

Student Exclusion from In-Person Instruction

Stay home, do not come to school and call the school office if any of the following applies to your child, regardless of his/her COVID-19 vaccination status:

- ❖ Fever of 100.4°F or higher or any symptom of new onset illness that may resemble COVID-19
- ❖ Potential exposure to someone with a confirmed COVID-19 case AND your child has any of the symptoms listed below
- ❖ Your child has any of the following COVID-19 symptoms:
 - Fever (100.4°F or higher) or chills
 - Cough (new onset)
 - Sore throat
 - Shortness of breath or difficulty breathing
 - New onset loss of sense of taste or smell
 - Headache
 - Diarrhea
 - Nausea or vomiting
 - New onset of stuffy or runny nose/nasal congestion (*different from pre-existing allergies*)
 - Body aches or muscle aches
 - Fatigue or lethargy

Connect with your school's designated COVID-19 Support Team as soon as possible if any of the above applies to the student. Contact information is listed at the end of the handbook. You may also reach out via email to covidteam@roselandsd.org and include in your email the following information:

- Student's full name, grade level and school site
- Best phone number to reach you
- The reason for the student's absence from school as pertaining to COVID-19 school safety

If a Student Develops COVID-19 Symptoms While at School

- ❖ Your child will be removed from his/her classroom and escorted to a designated observation area and observed until he/she is picked up.
- ❖ Any symptomatic student removed from his/her classroom must be **picked up within 30 minutes** by their parent or guardian or the identified emergency contact. Parents/guardians must always have a plan for picking up their child within the requested pick up time.
- ❖ The emergency contact(s) listed will be notified if the school is unable to reach the parent after 5 minutes.
- ❖ **No student may wait in the designated observation area for the rest of the school day.** Symptomatic students need to be picked up within 30 minutes of notification.
- ❖ When the parent arrives to pick up their child, they should stay in the car, call the school office, and wait for the child to be escorted outside. There will be a form you need to sign when you pick your symptomatic child.

When Can the Student Return to School After Symptoms

- ❖ Any student with COVID-19 symptoms may not return to school until communication with the designated COVID-19 Support Team has been made to determine the next steps which include the following protocols:
 - Getting a COVID-19 test of the PCR/viral type right away for any symptomatic student. Send a copy of the test result to covidresults@roselandsd.org or to your school's designated COVID Support Staff. Please **inform the school office as soon as possible if your child's test result comes back positive for COVID-19**. Please contact your child's healthcare provider for a medical assessment if necessary.
 - Symptomatic students will need to quarantine for 10 days. The student may return to school prior to the completion of the 10-day quarantine period if his/her test result comes back as negative for COVID-19 and symptoms have improved including being efervescent (no fever) for at least 24 hours, without the use of fever-reducing medications.
 - Declining to get tested for COVID-19 is grounds for completion of 10 days of quarantine.
 - Important Note: Symptomatic students who are quarantining or isolating at home cannot participate either in in-person instruction or in any extracurricular activities (including school sports).

When Can the Student Return to School After a COVID-19 Exposure

Revised public health guidance regarding exposure events to COVID-19 include the following:

- ❖ Regardless of vaccination status, there is **no physical quarantine required** for the exposed person(s) if the exposed person(s) and the positive COVID-19 case were both wearing their masks during an exposure event.
 - For students in close contact with a positive case where the exposed students are vaccinated, they are exempt from the 10-day quarantine and testing if they are asymptomatic.
 - For students in close contact with a positive case where the exposed students are unvaccinated, but both parties were masked during the exposure, the unvaccinated students may continue to attend in-person school during the 10-day quarantine period IF they are asymptomatic, continue to mask, and obtain testing twice weekly during the 10-day quarantine. They must quarantine from extracurricular activities, including sports.
 - For students in close contact with a positive case where the exposed students are unvaccinated and unmasked during the exposure, unvaccinated students must quarantine for 10 days or quarantine for 7 days with a negative test taken between days 3-5 after the exposure event.
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- ❖ Exposed student(s) who decline to follow the COVID-19 testing recommendations from public health officials will need to complete 10 days of quarantine from in-person instruction.

School Actions and Communications in the Event of a COVID-19 Exposure at School

Affected families will be notified of any identified COVID-19 exposure at school and any restrictions in place, including required quarantine and testing recommendations, to prevent COVID-19 outbreaks in the school communities. A general advisory notice of exposure will be sent out to the families of the affected school. Please ensure you have the ParentSquare communication tool set up. Contact your school for connectivity assistance.

Surveillance COVID-19 Testing On Campus

- ❖ COVID testing is offered free of charge and is a confidential PCR/viral COVID-19 test. Positive COVID-19 test results are directed to the Sonoma County Department of Health Services (SCDHS) for further contact tracing outside of the school setting and to give assistance with resources while completing a quarantine or isolation period.
- ❖ Unvaccinated students and staff are strongly encouraged to participate in scheduled weekly surveillance testing at school.
- ❖ A pre-registration form must be completed online by the parent/guardian before the student can participate in the surveillance COVID-19 testing.



Arrival at School and Departure from School

Connect with your school regarding any specific instructions about drop off/pick up procedures.

Immunizations for School

There are no changes to the immunization requirements for the 2021-2022 school year, according to the California Department of Public Health's Shots for School website <https://www.shotsforschool.org>

Flu Vaccine

Sonoma County Public Health strongly recommends that all Sonoma County residents 6 months and older get their seasonal flu vaccine.

COVID-19 Vaccine

Sonoma County Public Health strongly recommends that all Sonoma County residents who are 12 years and older get their COVID-19 vaccine as soon as possible.

Travel Advisory by CDPH & CDC

- ❖ Delay non-essential domestic and international travel until fully vaccinated.
- ❖ *Fully vaccinated & domestic travel:* exempt from quarantine & COVID testing
- ❖ *Fully vaccinated & international travel:* COVID test 3-5 days upon after travel; exempt from quarantine
- ❖ *Unvaccinated & domestic or international travel:* COVID test 1-3 days before travel if travel is by air, get a COVID test 3-5 days after travel and quarantine for 7 full days before returning to school even with a negative test
- ❖ Declining to get a COVID test 3-5 days after travel extends the quarantine period to 10 full days
- ❖ Wear a well-fitted mask while on public transportation.

Please keep in mind that the COVID-19 pandemic continues to be a rapidly evolving global situation. Public health guidelines for safe school operations may change during the school year with a short notice. Thank you for your strong partnership!

SCHOOL HEALTH OFFICE

Parents / guardians, teachers, and staff should instruct students to visit the school health office only if they are sick or injured. The school health office is a high-risk area that should only be used if medical assistance is necessary. If the health concern is not urgent, teachers and staff will attempt to resolve the matter with first aid interventions before sending a student to the school health office.

Multisystem Inflammatory Syndrome in Children (MIS-C)

Some children infected with COVID-19 develop an extremely rare condition called [Multisystem Inflammatory Syndrome in Children \(MIS-C\)](#). Children with MIS-C may have a fever and various symptoms, including abdominal (gut) pain, vomiting, diarrhea, neck pain, rash, bloodshot eyes, or fatigue. Contact your healthcare provider immediately if your child has any of these symptoms.

Community Clinics

You can find a list of community health centers and clinics in Sonoma County on the [Redwood Community Health Coalition's website](#). These health centers and clinics are dedicated to providing high quality, affordable health services to families and children and will serve uninsured/underinsured families.

Reporting an Illness or Absence

- ❖ Parents / guardians must inform the school immediately if any of the following applies to their child. This information will be kept confidential. Student absences related to illness or quarantine are considered excused absences (Ed Code 48205).
 - Has signs/symptoms of COVID-19
 - if they tested positive for COVID-19; or,
 - if they may have been exposed to someone with confirmed COVID-19 AND the student has any of the symptoms listed for COVID-19

DESIGNATED PERSONNEL FOR COVID-19 SAFETY & CONCERNS

Each school site will have a designated COVID-19 Support Team that will ensure the maintenance of communication systems that allow staff and families to self-report symptoms and receive prompt notifications of exposures and classroom closures while keeping confidentiality, provide impacted individuals with family-student guidance documents, including materials in Spanish as needed, and respond to COVID-19 concerns as pertaining to safe school operations.

Elementary Schools			
School Site:	Contact:	Phone:	Email:
Sheppard Elementary School	Jenny Young (Principal) Ana Favela Vega (Front Office) Marisol Hernandez-Sierra (Front Office) Cassandra Jimenez Rivas (COVID Support Staff) Yeimi Leon Martinez (COVID Support Staff) Silvia Santiago (School Nurse Assistant)	(707) 546-7050	jyoung@roselandsd.org afavela@roselandsd.org mhernandez@roselandsd.org cjimenezrivas@roselandsd.org yleonmartinez@roselandsd.org sheppardnurseassistant@roselandsd.org
Roseland Elementary School	Michelle Leisen (Principal) Nadia Leal (Front Office) Viviana Torres (COVID Support Staff) Valeria Pulido Perez (COVID Support Staff) Irene Novella (School Nurse Assistant)	(707) 545-0100	mleisen@roselandsd.org nleal@roselandsd.org vtorres@roselandsd.org vpulidoperez@roselandsd.org roselandnurseassistant@roselandsd.org
Roseland Creek Elementary School	William Nilsen (Principal) Eri Soriano (Front Office) Mayra Cuevas Figueroa (COVID Support Staff) Susana Canela Godoy (COVID Support Staff) Alicia Villagomez (School Nurse Assistant)	(707) 543-2800	wnilsen@roselandsd.org esoriano@roselandsd.org mcuevasfigueroa@roselandsd.org scgodoy@roselandsd.org rcnurseassistant@roselandsd.org
Secondary Schools			
School Site:	Contact:	Phone:	Email:
Roseland Accelerated Middle School (RAMS)	Haley Piazza (Principal) Belen Hernandez Gutierrez (Front Office) Golden Williams (COVID Support Staff) Carol Gudino (School Nurse Assistant)	(707) 546-7089	hpiazza@roselandsd.org bgutierrez@roselandsd.org gwilliams@roselandsd.org ramsnurseassistant@roselandsd.org
Roseland Collegiate Prep Middle and High School (RCP)	Danielle Yount (Principal) Eli Weinzveg (Assistant Principal) Carmen Almaras (Front Office) Adilene Lopez Anguiano (COVID Support Staff) Andrea Neace (School Nurse Assistant)	(707) 528-1764	dyount@roseland sd.org eweinzveg@roselandsd.org calmaras@roselandsd.org alopezanguiano@roselandsd.org rcpnurseassistant@roselandsd.org
Roseland University Prep High School (RUP)	Connie Lopez Marx (Principal) Kim Waugh (Assistant Principal) Martha Quintero (Front Office) Blanca Molina (COVID Support Staff) Jasmine Chino (School Nurse Assistant)	(707) 566-9990	clopezmarx@roselandsd.org kwaugh@roselandsd.org mquintero@roselandsd.org bmolina@roselandsd.org rupnurseassistant@roselandsd.org
District Personnel			
Position	Contact:	Phone:	Email:
Superintendent	Hector Rico, Ed.D	(707) 545-0102	hrico@roselandsd.org
COVID-19 Coordinator	Shayne Paff, MD MPH	(707) 545-0102	spaff@roselandsd.org
District School Nurse	Varci Hansen, RN, FNP, MSN	(707) 545-0102	vhansen@roselandsd.org

School-requested COVID-19 test results can be sent to covidresults@roselandsd.org

Inquiries about the school district's COVID-19 School Safety Plan can be sent to covidteam@roselandsd.org or you may call the Roseland School District Office.

Together, we can do this for brighter and happier school days!