



September Breakfast Roseland Creek

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
	Mantecada Muffin or Cereal w/ Honey Grahams	Strawberry Yogurt Parfait w/ Cinnamon Granola or Cereal w/ Honey Grahams	Cereal w/ Honey Grahams or Blueberry Muffin	Cinnamon Roll or Cereal w/ Honey Grahams
9	10	11	12	13
Cinnamon Crumble or Cereal w/ Honey Grahams	Cereal w/ Honey Grahams or Pancakes w/ Syrup	Banana Bread or Cereal w/ Honey Grahams	Cereal w/ Honey Grahams or Breakfast Burrito	Conchita w/ String Cheese or Cereal w/ Honey Grahams
16	17	18	19	20
Vanilla Concha or Cereal w/ Honey Grahams	Mantecada Muffin or Cereal w/ Honey Grahams	NEW! Strawberry Yogurt Parfait w/ Cinnamon Granola or Cereal w/ Honey Grahams	Chocolate Chip Muffin Top or Cereal w/ Honey Grahams or Egg & Cheese English Muffin Sandwich	Cinnamon Roll or Cereal w/ Honey Grahams
23	24	25	26	27
Cinnamon Crumble or Cereal w/ Honey Grahams	Cereal w/ Honey Grahams or Pancakes w/ Syrup	Banana Bread or Cereal w/ Honey Grahams	Sweet Potato Sunrise Muffin or Cereal w/ Honey Grahams Breakfast Burrito	Conchita w/ String Cheese or Cereal w/ Honey Grahams
30				
Vanilla Concha or Cereal w/ Honey Grahams				
Breakfast Includes:	Featured Fruit:			
All breakfast meals are served with a choice of fruit and a choice of milk. Students must take 1/2 cup of fruit	100% Fruit Juice 4 oz, Pear (1/2 C), Apple Slices (1/2 C), Apple (1/2 C), Banana (1/2 C), Orange (1/2 C), Dried Cranberries (1/2 C)			

