

December Lunch Roseland Creek

DESTINATION COLLEGE	_			
Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Cheeseburger w/ Oven Baked Fries Crispy Chicken Sandwich w/ Oven Baked Fries Turkey & Cheese Torta Sandwich	Breakfast for Lunch: Egg Scramble w/ Roasted Potatoes & Pancakes Turkey & Cheese Sub Sandwich w/ Baby Carrots Cheese Lasagna w/ Marinara & Wheat Crackers	Sesame Beef Bowl w/ Broccoli Bean & Cheese Pupusa w/ Curtido Salad Chicken Salad Sandwich w/ Baby Carrots	Turkey Nachos w/ Refried Beans & Poptillas Bean Burrito Bowl w/ Rice & Corn Chicken Tamale w/ Pinto Beans	Pepperoni Pizza Beef & Cheese Taco Stick
9	10	11	12	13
Hamburger w/ Oven Baked Fries Hot Dog w/ Oven Baked Fries Turkey & Cheese Knot Sandwich w/ Oven Baked Fries	Penne & Meat Sauce w/ Diced Carrots & Dinner Roll Sweet Chili Chicken Meatballs w/ Not So Fried Rice & Broccoli Cheese Tamale w/ Black Beans	Teriyaki Chicken w/ Yakisoba Noodles & Diced Carrots & Goldfish Pretzels Mac & Cheese w/ Peas & Dinner Roll Mexican Chicken Salad w/ Romaine Lettuce & Tostitos Chips	BBQ Chicken w/ Baked Beans & Dinner Roll Queso Blanco Chicken Bowl w/ Rice & Pinto Beans Southwest Chicken Salad w/ WG Dinner Roll	Beef, Bean & Cheese Burrito Cheese Pizza Wowbutter (Soybutter) & Jelly Sandwich
16	17	18	19	20
Cheeseburger w/ Oven Baked Fries Crispy Chicken Sandwich w/ Oven Baked Fries Turkey & Cheese Torta Sandwich	Breakfast for Lunch: Egg Scramble w/ Roasted Potatoes & Pancakes Turkey & Cheese Sub Sandwich w/ Baby Carrots Orange Chicken & Not So Fried Rice w/ Diced Carrots & Giant Goldfish Grahams	Chicken Caesar Salad with Dinner Roll & Croutons Holiday Meal- Turkey & Gravy w/ Mashed Potatoes & Dinner Roll Chicken Bites w/ Mashed Potatoes & Pretzel Crackers	Chicken Tamale w/ Pinto Beans Turkey Nachos w/ Refried Beans & Tostitos Chips	Pepperoni Pizza Grilled Cheese Sandwich
23	24	25	26	27
No School	No School	No School	No School	No School
30	31			
No School	No School	No School	No School	No School
Lunch Includes:	Veg of the Day:	Featured Fruit:		
Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance *All Grains Are Whole Grain Rich	Monday:Side of Oven Baked Fries (1/2 C),Baby Carrots (1/2 C) Tuesday:Baby Carrots (1/2 C) Wednesday:Roasted Fava Beans Thursday:Cucumber Slices (1/2 C) w/ Tajin,Celery Sticks (1/2 C) Friday:Side Salad - Lettuce, Carrot, Tomato w/Ranch & Roll (1 C)	100% Fruit Juice 4 oz,Apple (1/2 C),Orange (1/2 C),Mandarin Orange (1/2 C),Banana (1/2 C),Persimmon (1/2 C),Cranberries (1/2 C)	All meals are provided with a choice of produce and a choice of milk. Meals are subject to change.	
This institution is an equal opportunity provider. Menus are subject to change without notice. NORCAL Lunch NSLP 9-12				