

December Breakfast RUP

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Cereal Served w/ Honey Grahams	Maple Beef Sausage & Pancake Sandwich Cinnamon Roll	Chocolate Chip Muffin Top Egg & Cheese English Muffin Sandwich	Blueberry Yogurt Parfait w/ Cinnamon Granola Cereal Breakfast Burrito Frosted Flakes Cereal w/ Honey Grahams	Mantecada Muffin Waffle w/ Syrup
9	10	11	12	13
Cinnamon Crumble Egg & Cheese English Muffin Sandwich	Fruit & Yogurt Smoothie w/ Granola Pancakes w/ Syrup	Banana Bread Breakfast Burrito	Sweet Potato Sunrise Muffin Egg Scramble w/ Roasted Potatoes & Dinner Roll	Sausage & Cheese Stuffed Waffle Conchita w/ String Cheese
16	17	18	19	20
Vanilla Concha French Toast Sticks w/ Syrup	Maple Beef Sausage & Pancake Sandwich Cinnamon Roll	Chocolate Chip Muffin Top Egg & Cheese English Muffin Sandwich	Blueberry Yogurt Parfait w/ Cinnamon Granola Cereal Breakfast Burrito Frosted Flakes Cereal w/ Honey Grahams	Mantecada Muffin Waffle w/ Syrup
23	24	25	26	27
No School	No School	No School	No School	No School
30	31			
No School	No School			
Breakfast Includes:	Featured Fruit:			
Fruit of the Day Vegetarian *Cereal Served w/ Honey Grahams *All Grains Are Whole Grain Rich	100% Fruit Juice 4 oz,Pear (1/2 C),Apple Slices (1/2 C),Apple (1/2 C),Banana (1/2 C),Orange (1/2 C),Applesauce Cup (1/2 C),Tangerine (1/2 C)		All meals are provided with a choice of produce and a choice of milk. Menus are subject to change.	