



December Breakfast RAMS

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Cereal Served w/ Honey Grahams	Maple Beef Sausage & Pancake Sandwich Cinnamon Roll	Chocolate Chip Muffin Top Egg & Cheese English Muffin Sandwich	Blueberry Yogurt Parfait w/ Cinnamon Granola Cereal Breakfast Burrito	Mantecada Muffin
9	10	11	12	13
Cinnamon Crumble Egg & Cheese English Muffin Sandwich	Fruit & Yogurt Smoothie w/ Granola Pancakes w/ Syrup	Banana Bread Breakfast Burrito	Sweet Potato Sunrise Muffin Egg Scramble w/ Roasted Potatoes & Dinner Roll	Conchita w/ String Cheese
16	17	18	19	20
French Toast Sticks w/ Syrup	Cinnamon Roll	Chocolate Chip Muffin Top	Blueberry Yogurt Parfait w/ Cinnamon Granola Cereal Breakfast Burrito	Mantecada Muffin
23	24	25	26	27
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
30	31			
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
Breakfast Includes:	Featured Fruit:			
Fruit of the Day *Cereal Served w/ Honey Grahams *All Grains Are Whole Grain Rich	100% Fruit Juice 4 oz,Pear (1/2 C),Apple Slices (1/2 C),Apple (1/2 C),Banana (1/2 C),Orange (1/2 C),Applesauce Cup (1/2 C),Tangerine (1/2 C)		All meals are provided with a choice of produce and a choice of milk. Meals are subject to change.	

